



Tilston Parochial
CE Primary School

Bringing out the Best in Everyone.

'Encourage one another and build each other up.' Thessalonians 5:11

Date: 24th April 2020

Dear Parents

I hope you all had a lovely Easter Break and spent quality time with your families in the beautiful sunshine.



It was a very unusual start to the summer term this week with the country still on lockdown and school remaining closed as an educational setting. The government have clearly stated that schools will reopen when scientific evidence shows it is safe to do so.

We will continue to set work using the School Spider learning platform daily to support home learning. I would like to take this opportunity to say a very big WELL DONE to you all. We understand how challenging it is working from home and supporting your children during these unprecedented times. The work being completed online and the communication between home and school is exceptional. Please remember that the health and wellbeing of your family come first, and we understand that there will be days when home learning just isn't possible. Please do not worry, just do what is achievable for your family.



Dear Parents,

Don't stress about schoolwork. I will get your children back on track when schools reopen. I am a teacher and that's my superpower. What I can't fix is social-emotional trauma that prevents the brain from learning. So right now, I just need you to share your calm, share your strength, and share your laughter with your children. No children are ahead. No children are behind. Your children are exactly where they need to be.

With love,

All the teachers on planet Earth x

I will update parents as soon as we receive information regarding reopening schools. The health and safety of all pupils remains our key priority.

Headteacher: Mrs Kelsey Mort

Tel: 01829 250204

Address: Church Road, Tilston, Malpas, Cheshire, SY14 7HB

Email: admin@tilston.cheshire.sch.uk

Website: www.tilston.cheshire.sch.uk



On Monday 20th April, The Department of Education launched the new Oak National Academy learning platform. The scheme has been set up by teacher's and funded by the DFE. The scheme provides video lessons for students from Early Years Foundation Stage to year 6. Each lesson is supported with a quiz and a worksheet.

Our Teachers are currently planning activities that fit into our long-term curriculum and build on prior knowledge and skills. We will continue to plan activities and use the Oak Academy lessons to enhance our teaching and learning where they appropriately support topics. The lessons are of a high standard and engage children.

If parents wish to access this platform for additional work, please follow the link: <https://www.thenational.academy/online-classroom/>

BBC Bitesize also provide daily lessons.
<https://www.bbc.co.uk/bitesize>

It has been lovely to see the comments children are sharing with each other and staff in the Pupil Area online. It is becoming increasingly difficult being apart from each other, especially the social and emotional support we gain from friendships. This week I have had so many children saying how they want school to reopen and how much they are missing their friends.



Mrs Huxtable, our ELSA specialist in school, will be sharing some weekly activities to ensure children's wellbeing and emotional needs are supported. Each week we will share some activities that we hope will support and encourage your child/ren to share any worries, provide strategies for dealing with these feelings and activities with a positive feel to make children laugh! Hearing the laughter around school is what I am missing the most!



This Weeks Wellbeing Task:

Write notes for all your family and hide them around the house for them to find! Tell them what you love about them.

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Health and Wellbeing

Hi Everyone.

I hope you are all ok, we are missing you all in school and hopefully we will see you all soon! I thought I would put together some helpful tips from my ELSA friends to help you support yourself through this tricky time.

- **Not** watching the news!
- Getting fit and healthy - healthy food, drink water, get some vitamin D from the sunshine. Do some exercise.
- Use some mindfulness and calming techniques if you feel worried or anxious.
- Remind yourself feelings don't last. They come and go!
- Talk to someone if you feel worried.
- Do lots of positive things and change negative thoughts to positive ones.
- Connect with friends through the telephone, text or video chat.
- Plan your days and have routines in place.
- Make sure you use strict hygiene. Wash those hands regularly.
- Remind yourself often that this will end. There is hope!
- You are not alone. Everyone is going through this too and you can help each other.
- Make sure you take time to relax and unwind. Do something you enjoy!

Each week, I will suggest a wellbeing task to do if you want to!

Take Care everyone, stay safe and enjoy the sunshine.

Best wishes

Mrs Huxtable

Dear Lord,

We really appreciate how many people are putting their lives at risk for us. We thank you for the people who are keeping the shops and schools open for us. We also thank you for coming up with idea of clapping every Thursday night at eight. Even though we can't see our loved ones but in our heart we are thinking of them.



Best wishes

K Mort

Kelsey Mort
Headteacher

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